

# **PSHEE & SKILLS FOR LIFE**

## This related document represents College practice as of September 2016

# PRINCIPLES

PSHEE is essential to supporting the pastoral care and personal development of students. The aim of PSHEE is to enable students to develop in to positive contributors to both the College community and the wider community. It is also vital crucial for the safeguarding and wellbeing of students and ensures that students are taught how to keep themselves safe.

Within PSHEE economic education and British values, liking to the prevention of extreme views and radicalisation are addressed within all Key Stages (P5RD06).

# PROCEDURE

#### PSHEE curriculum

#### Key Stage 3

• PSHEE forms part of the taught curriculum within the Skills for Life course (reference SfL document).

## Key Stage 4

- PSHEE forms part of the taught curriculum, having one double period per week in Years 10 and 11.
- It is taught as a carousel, with the year group being split into five groups and completing a series of five or six week units.

Year 10	Drugs and sexual issues	Health issues	CVs and interviews	Health & safety at work	Citizenship
Year 11	ICT	Current affairs	Personal finance & financial citizenship	Personal views and personal rights	World religions / The EU

- Additional weeks, outside of the carousel are available to accommodate visits from external speakers to address the entire year group at once.
- The focus of these is on mental and sexual health within Key Stage 4.

## Key Stage 5

- PSHEE does not form part of the taught curriculum in Years 12 and 13. However, elements of PSHEE are often found within subjects.
- Charitable work, for example the Tanzania Project allows students to develop an idea of contributing to the wider community.
- Extensive opportunities for vertical interactions with other students, for example within the CCF, SNAP, leading activities in the Forder Programme or the House system greatly promotes the personal development of 6<sup>th</sup> Form students.
- Visiting speakers and The "Academicals" Society give opportunities for students to address current affairs, new developments and the 'big questions' facing humanity today.

#### Outside of the PSHEE curriculum

- For all Key Stages the tutorial programme and themed weeks gives opportunities for PSHEE topics to be addressed within tutor groups.
- Key Stage assemblies, linked to the themed weeks are used for age appropriate messages on PSHEE topics.
- Visiting speakers are used within all Key Stages, for example from Hope UK and Kidscape, or the College's counsellor.
- Many subjects will address topics within PSHEE; for example Biology (the effects of smoking and drugs), History (genocide and equality), PE (fitness and a healthy balanced lifestyle), Geography (sustainability and resource use).



# PRINCIPLES

The Skills for Life course recognised the need to equip students with skills for the future beyond the taught curriculum and enable them to succeed both academically as they progress through school and more widely in life beyond the College. The course incorporates elements of PSHEE and ICT (within the Digital literacy and Computing strands).

Economic education is explored within *The world of work* topic and British values within the *Your place in society* topic.

# PROCEDURE

- The course is taught as a double period each week in Years 7, 8 and 9.
- It is taught as a carousel, with the year group being split into six groups.
- Each group completes six five-week units every year.
- There are common strands that run throughout Years 7, 8 and 9.

	Digital literacy	Personal health and wellbeing	Social diversity	Future success	Thinking outside the box	Computing
Year 7	Presenting information	Taking care of your body and mind	Your place in society	Study skills	Problem solving	Programming
Year 8	Analysing information	Mental and physical health	Making the world a better place	Preparing and delivering a presentation	Practical skills for everyday life	Control technology
Year 9	Using ICT to bring it all together	First aid	Introduction to Chinese language and culture	The world of work	Cross- curricular project	Computing project

• The course is supported by additional visiting speakers and off-timetable sessions.

- For example:
  - o Hope UK (drugs and substance abuse) in Years 7 & 9
  - o Kidscape (anti-bullying) in Year 8
  - E-safety for all years
  - o Sex and relationship education for Year 8 & 9
  - o Study skills for Year 7